



■ Dyslexia Fact Sheet – Read With Kourtni

Unlocking Potential, One Sound at a Time

What Dyslexia Is

- Real – A learning difference that makes reading difficult. It often runs in families and has been studied for over 100 years.
- Common – Between 5–17% of people show signs of dyslexia.
- Lifelong – With the right support, individuals with dyslexia thrive, often developing creativity and resilience.

What Dyslexia Is NOT

- A problem of intelligence
- Laziness
- Poor vision
- Just “reading letters backwards”

Common Trouble Areas

- Sounding out written words
- Recognizing sight words
- Spelling and writing
- Reading smoothly and accurately
- Comprehension of text
- Rhyming
- Math word problems
- Remembering sequences (phone numbers, directions)

Ways to Help Kids with Dyslexia

- Structured Literacy Instruction – step-by-step, explicit teaching of sounds, patterns, and words.

- Multiple Ways to Show Knowledge – oral reports, projects, or visuals instead of written tests.

- Assistive Technology – audiobooks, text-to-speech, and reading apps.

- Remember: Dyslexia does not define your child. With the right strategies, they can unlock their full potential.

- Contact **Read With Kourtni**

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